

# PSIA Certified Level I Alpine

# **ASSESSMENT FORM**

Candidate: Luciano Radice

Assessment: January 10, 2024 at Keystone

Region: Rocky Mountain
Assessor(s): Brandon Snyder

X Meets Standards	
Does Not Meet Standard	sk

### **Assessment Scale for Certified Level I**

- 1 Essential elements were not observed or not present.
- 2 Essential elements are beginning to appear.
- 3 Essential elements appear, but not with consistency.
- 4 Essential elements appear regularly at a satisfactory level.
- **5** Essential elements appear frequently, above required level.
- **6** Essential elements appear continuously, at a superior level.

### **ASSESSMENT CRITERIA**

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Instructor Decisions & Behavior Attained	Teaching Skills Attained	
Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management. (Continual Assessment)	Assess & Plan: Plans leaning outcomes and organizes progressive learning experiences relevant to beginner/novice students.	
,	Assess  Identify at ident metivations, performance, and understanding	
Needs/Safety  Address group and individual safety and physiological poods	Identify student motivations, performance, and understanding.	
Address group and individual safety and physiological needs.	Collaborate	
Behavior Management  Evhibite positive behavior in response to feedback	Select basic progression with clear direction and focus.	
Exhibits positive behavior in response to feedback.	Plan Lesson	
Section Average: Must be 4 or above to meet Learning Outcome 5	Plan lessons that involve productive use of movement, practice time, and terrain.	
Comments	Section Average: Must be 4 or above to meet Learning Outcome 4	
Luciano, you handled yourself in a professional manner all three days and contributed to the success of the group as a whole. You were a sponge for feedback and were always responsive to make changes when and where you	Implement: Facilitates learning experiencs that guide students toward the agreed-upone outcome and engages them in the process.	
were able. It is impressive how good your english is when you talk skiing!	Adapt	
	Organize the learning environment to align with the initial assessment of the group.	
	Descriptions, Demonstrations, Feedback	
	Give the group relevant information that encourages learning.	
	Manage Risk	
	Manage physical and emotional risk to maintain engagement in the learning environment.	
People Skills Attained	Section Average: Must be 4 or above to meet Learning Outcome 4	
Communication: Engages in meaningful verbal and non-verbal communication with the group as a whole. (Assessed when Teaching)	Reflect/Review: Communicates performance changes that target the learning outcome to help students identify that a change has been made.	
Communication _	Explore, Experiment, Play	
Use verbal and non-verbal communication in a professional manner.	Pace a clear progression to allow students reflection time to explore, experiment,	
Active Listening _	and/or play toward desired outcomes.	
Ask questions to learn about others.	Describe Change	
Feedback Delivery	Communicate changes in performance.	
Deliver feedback that acknowledges the emotions of the group.	Relate Change  Relate change is performance to lesson outcomes	
Section Average: Must be 4 or above to meet Learning Outcome 5	Relate changes in penormance to lesson outcomes.	
Relationships with Others: Identifies likely motivations	Section Average: Must be 4 or above to meet Learning Outcome 4	
and emotions of individuals and understands group dynamics.	Comments	
(Assessed when Teaching)	Luciano, great short teach taking your students through a rotation progression	
Interaction	where learning definitely would have occurred. You managed risk in a way that kept your students safe and allowed them to feel confident playing with new	
Initiate goup interaction to build group dynamics.	rotation movements. You allowed the students to experience the difference in	
Motivations/Emotions	rotating their skis that allowed them to control their speed on steeper	
Identify the motivations and emotions of students.	environments. Remember to take things they already know how to do(sports) and use this in your progressions.	
Section Average: Must be 4 or above to meet Learning Outcome 4	and doc time in year pregressions.	
Comments	1	
Luciano, you have a presence in front of your students that allows your students to feel emotionally and physically at ease and allows for an open and inviting learning environment. You use non-verbal communication in a way that engages your students in a meaningful way. This learning outcome is definitely a strength as you develop as an instructor.	;	

Movement Analysis	Attained	Skiing Performance Atta	ained
Articulates accurate cause-and-effect relationshi performance within any single skiing Technical I phase of the turn to offer a relevant prescription the beginner/novice zone	Fundamental in a specific n for change for skiers in	Applies the Technical Fundamentals to demonstrate specific outco- beginner and easier intermediate terrain.  Apply tactics and ski performance to:	mes in
Consistently demonstrates their ability to:		Integrate Fundamentals	
Observe and Describe		Integrate two or more of the Technical Fundamentals through all turn phases to achieve prescribed ski performance.	5
Observe and describe the application of one or more Techni turn phases.	ical Fundamental in all 5	Individual Fundamentals	5
Evaluate and Describe		Use individual Technical Fundamentals as prescribed.	
Evaluate and describe the cause and effect relationships of Fundamental relative to the desired outcome.	one or more Technical 5	Versatility Demonstrate versatility by varying turn shape, turn size, and line through	6
Prescription		intermediate zone terrain.	
Prescribe a specific change, related to one Technical Funda desired outcome.	mental, to achieve the 5	Section Average: Must be 4 or above to meet Learning Outcome	5
Section Average: Must be 4 or above to meet Lea	arning Outcome 5	Applied Assessment Activities Performed Freeski, Ungroomed	
Comments		Blended Assessment Activities Performed	
Luciano, Continue to develop your understanding of relationships based on the fundamentals. MA is a ne		Basic Parallel, Wedge Christie, Wedge Turn	
the more you can watch skiing and talk about it with a trainer the better. I liked how you kept it to one fundamental and one phase of the turn but you will need to look at multiple fundamentals in multiple phases when you pursue your		Highlighted Assessment Activities Performed J Turn, Sideslip, Step Turns, Straight Run, Uphill Arc	

level2. Start getting videos of students you ski with and use this while training for the CS1 that you hopefully go to soon.

# Comments

Luciano, Keep that upper body quiet and let those legs do the work with a little wider stance overall. Elbows in front of rib cage and hands outside of elbows keeping the movement of your arms quiet and having your pole tap come out of the wrists. This thought and change will let you be more accurate with all the fundamentals at different speeds and environments. Fundamentally, continue to focus on flexing proportionally in your ankles, knees, and hips allowing you to move along the length of the ski regardless of speed and environment. (less flex overall in your knees and ore in the hip and ankle) Start to attend CS1 and Lvl2 ski training. You shred, keep it up!

# Technical Understanding

Attained

4

Describes specific performances using Technical Fundamentals and considering tactics and equipment choices using current PSIA-AASI resources.

Relates information from current PSIA-AASI resources to:

#### **Understanding of Biomechanics/Physics**

Describe the application of one or more Technical Fundamentals and respective 4 biomechanics and physics within the turn phases of a specific outcome.

#### **Fundamentals to Personal Performance**

Compare the application of one or more Technical Fundamental(s) to personal 5 performance.

#### Tactics, Equipment, Physical, Environment

Describe the impacts of tactical decisions, equipment choices, physical development, 4 terrain, and snow variation, to a skiing outcome.

Section Average: Must be 4 or above to meet Learning Outcome

## Comments

Luciano, I think you have a deeper understanding of more ideal ski/body movements than you did on day1. You now understand what these movements are in the body that affects the performance of the skis based on what, the fundamentals. Get video of yourself and look at real movements and connect these to more ideal movements. Seeing yourself ski at different speeds and different environments will help you make this connection.